



Aftercare - Dermal Fillers

Dermal fillers are composed of hyaluronic acids and can be used to diminish facial lines or restore volume and fullness in the face.

Dermal fillers are temporary as they are eventually absorbed by the body and can be reversed with hyalase treatments.

Recovery instructions:

Post treatment redness at the injection points will reduce within 1-2 hours. There may be swelling and bruising which could take 2-14 days to recover. It is normal for the filler under your skin to feel firm and tender to direct touch, but this will soften and become less sensitive over 2-4 weeks.

To prevent the risk of infection avoid touching the treated areas with your fingers and you should only use mineral make-up while ensuring all application brushes / sponges are clean.

Post treatment you should avoid for 48 hours:

- Extreme temperatures.
- Swimming pools / spas / saunas.

Common side effects:

- Swelling, bruising, redness and discomfort at the injection points.

Adverse reaction awareness:

- Discolouration of the skin which looks different to bruising. Spontaneous pain or discharge at injection points. (Contact us immediately)

Review procedure

Your outcome will not be perfectly symmetrical, but any obvious asymmetries visible from three meters will be adjusted. Any adjustments outside of the agreed expectations or after 28 days will be chargeable. Adjustments cannot be made before 21 days because it takes this time period to ensure all inflammation and swelling has resolved to allow an accurate assessment of the outcome.

Patient support

Adverse reaction

If you believe you are having an adverse reaction to your treatment, which is outside of the listed common side effects, then please:

- During opening hours call us immediately.
- Out of hours visit your local hospital's A&E and inform us by email.

If you are able – please document your concern with photographs and email them to us. If our staff tell you to attend the clinic for a physical assessment then you must do so and provision will be made to see you quickly.

